



## Notification of Potential Contact with a Confirmed COVID-19 Case

Dear Community Member,

This letter is to notify you that Lane County Public Health has reason to believe that you may have been in close contact for more than an hour with someone who has coronavirus disease (COVID-19).

Your suspected exposure occurred on March 11<sup>th</sup>, 2020 at the Interfaith Prayer Service.

Health experts are still learning how the novel coronavirus (SARS-CoV-2) that causes COVID-19 spreads. Other coronaviruses spread from an infected person to others through:

- the air by coughing and sneezing.
- close personal contact, such as touching or shaking hands.
- touching an object or surface with the virus on it, then touching your mouth, nose, or eyes.

Symptoms may appear in as few as 2 days or as long as 14 days after exposure to the virus. Symptoms can include:

- fever (a temperature of 100.4° F/38° C or greater) and
- cough, or
- difficulty breathing.

Our current recommendation is that individuals who have had contact with a known COVID-19 case monitor their health for 14 days from the day of exposure. Due to delays in the ability to test the person with COVID-19, your monitoring period is complete. We ask that IF you developed symptoms consistent with COVID-19 **before or after** the exposure date above, please call Lane County Public Health at 541-682-4041.

Enclosed is a fact sheet that provides information about COVID-19. Additional information about COVID-19 can be found at [www.oregon.gov/oha](http://www.oregon.gov/oha) or [www.lanecountyor.gov/coronavirus](http://www.lanecountyor.gov/coronavirus) or [www.cdc.gov](http://www.cdc.gov).

Sincerely,

Cindy Morgan NP, Lane County Communicable Disease Supervisor